***Welcome to Seventh Grade Health Education***

***Robert C. Dodson School 2024-25***

**Teacher**: Ms. Munsch

**Email:** Lmunsch@yonkerspublicschools.org

**Course Description:**

This course is designed to assist students in obtaining accurate information, developing lifelong positive behaviors, and making wise decisions related to their personal health.

**Units of study will include**

* mental, emotional, and social health
* injury prevention and safety
* nutrition, physical activity
* alcohol, drugs, tobacco,
* violence and sexual harassment
* growth and development, pregnancy and sexual health

This course will introduce you to information, facts, and skills, which will enhance a healthier lifestyle for you now and in the future.

**Goals:**

* Students will gain the knowledge and skills to remain healthy throughout their lives.
* Students will be motivated to improve and maintain their health, prevent disease and injury and reduce risky behaviors.

**Materials needed for this course**:

* Pocket folder
* Notebook/binder
* Pens/pencils
* Colored markers/colored pencils

**Grading point system:**

Class participation/behavior/notebook/HW: 30%

Class projects: 35%

Tests and quizzes: 35%

**Classroom Procedures and Guidelines**

* All students are required to be on time
* Students should promptly start the Do Now.
* Students are responsible for taking notes during class.
* Students are required to raise your hand and participate in class.
* Students are expected to work cooperatively in group activities.
* If you are absent it is your responsibility to make up work missed.

**Consequences**

**Step #1**: verbal warning

**Step #2**: minus earned

**Step#3:** Minus earned and Parent Contact

**Step #4**: Minus earned and Detention

Student Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_